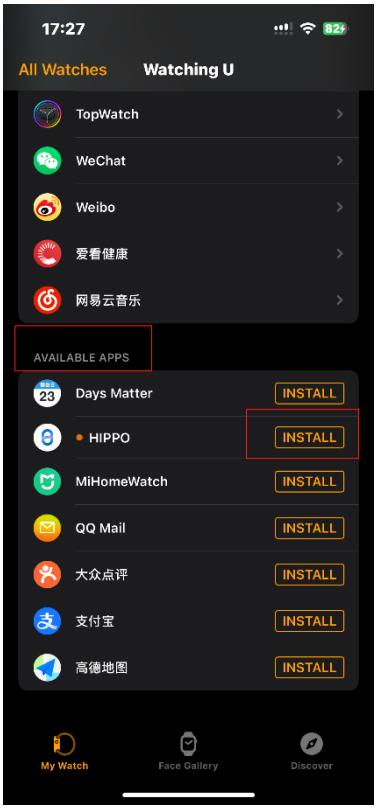
iOS Apple Watch Usage Tutorial

1. Update HiPPO to the Latest Test Version

Version number: 2.0.4 (5)

2. Install HiPPO on Apple Watch

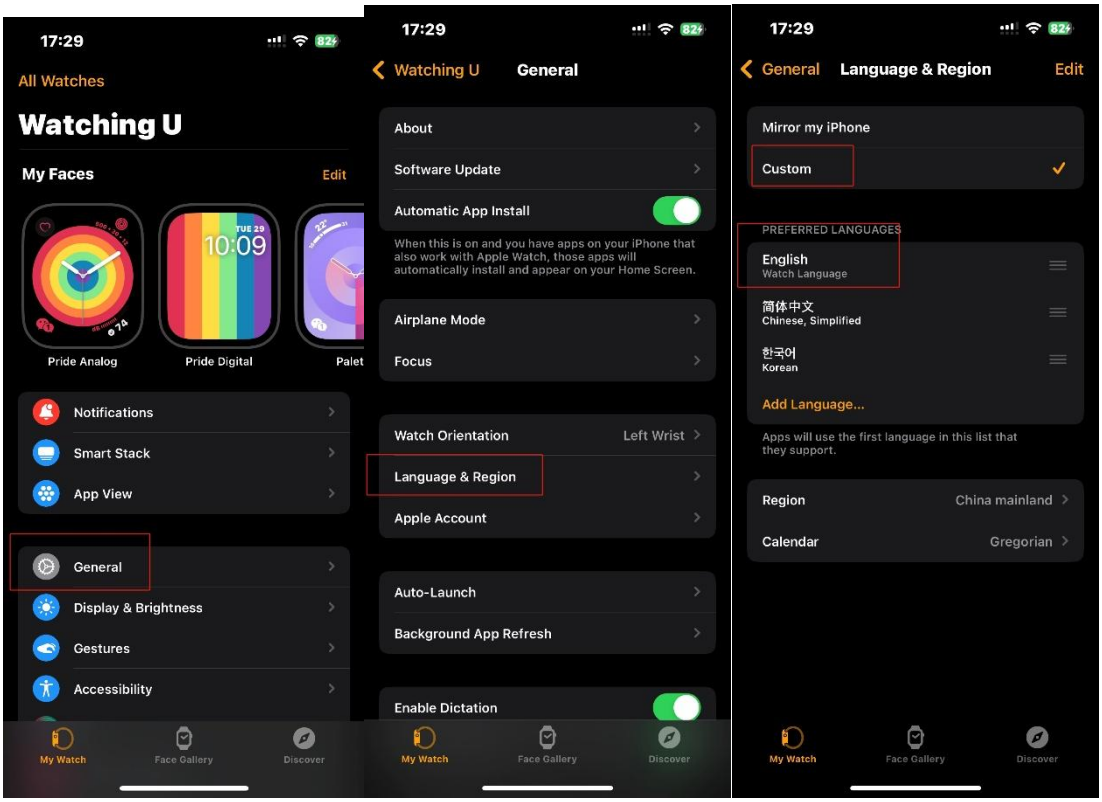
1. Open the Apple Watch app.
2. Scroll down to the bottom to find "Available Apps."
3. Locate "HiPPO" and click "Install."
4. Once the installation is successful, you can find and use the HiPPO app on your Apple Watch.



3. How to Switch Languages in HiPPO on Apple Watch?

Currently available languages: Chinese, English, Czech. To switch languages, follow these steps:

1. **Go to "My Watch."**
2. **Select "General."**
3. **Choose "Language & Region."**
4. **Click "Custom."**
5. **Add your preferred languages (Chinese, English, Czech) in "Preferred Language Order."**
6. **The first language in the list will be the current language used by the watch.**



4. How to Add Widgets in HiPPO on Apple Watch?

1) Add Blood Glucose Trend Widget:

1. **On the watch home screen, swipe up.**
2. **Long press on the widget interface.**
3. **In your widget list, click the "+" sign.**
4. **Swipe up to find HiPPO.**
5. **Click and select "Blood Glucose Trend."**
6. **Click the checkmark in the upper left corner.**




09:26
HIPPO
Home
Mail


Your Widgets
mmol/L
20206d ago
06:00 07:00 08:00 09:00
15:25, +6HRS

2) Add Blood Glucose Reading Widget:

1. On the watch home screen, swipe up.
2. Long press on the widget interface.
3. Swipe up.
4. In your widget card, click the "+" sign.
5. Swipe up to find HiPPO.
6. Click and select "Blood Glucose Reading."
7. Click the checkmark in the upper left corner.







